

## WHO ARE WE?

Afrolen Plus is the nationwide self-help network of HIV-positive immigrants in Germany.

We – the national delegates – work towards improving the living conditions of immigrants. Also, we are the contact persons for HIV-positive people with migration background in Germany.

## WHAT DO WE DO?

- We advise and support immigrants after a positive test result.
- We carry out preventive work in our migrant communities.
- We work towards eliminating isolation, discrimination and stigmatisation of HIV-positive immigrants in Germany.

ENGLISH

**AFRO  
LEBEN  
PLUS**

Self-help network  
of HIV-positive immigrants

## WHY DO WE DO THIS?

- We want to improve the living conditions of immigrants with HIV / AIDS in Germany.
- We promote and support individual and collective self-help in order to strengthen the self-confidence of migrants.
- Through our activities we want to contribute to a social climate that opposes the stigmatisation and exclusion of people with HIV / AIDS.

**WWW.AFROLEBENPLUS.DE**

HIV / AIDS can affect each and every one of us directly or indirectly. Talking about it is difficult, but it helps! We'll give you a helping hand!

**AFRO  
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Further Information / Advice:

**afrolebenplus.de**

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